

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: DZO

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claessens Eline

Coaches: Van Gucht Celine HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 14:25
Heat: 2/28 Lane : 3 Athlete: DE WINTER REMI					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:20.57 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:5, starttime: 14:38
Heat: 5/28 Lane : 5 Athlete: GANSEMAN JACK					Q-time: 03:21:95
PB (50m pool): 03:21.95 Sportoase De Watermolen 29/03/2026 PB (25m pool): 03:12.27 SB: 03:21.95 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.56	01:38.93	02:32.20	03:21.95	
	00:45.56	00:53.37	00:53.27	00:49.75	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:43
Heat: 6/28 Lane : 2 Athlete: DE WINTER MAXIM					Q-time: 03:07:46
PB (50m pool): 03:07.46 Antwerpen 13/07/2025 PB (25m pool): 02:56.60 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.90	01:33.12	02:20.97	03:07.46	
	00:41.90	00:51.22	00:47.85	00:46.49	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:7, starttime: 14:47
Heat: 7/28 Lane : 6 Athlete: CLEYNENS STAF					Q-time: 02:56:76
PB (50m pool): 02:56.76 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:50.38 SB: 02:56.76 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.51	01:28.05	02:13.67	02:56.76	
	00:41.51	00:46.54	00:45.62	00:43.09	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:16, starttime: 15:14
Heat: 16/28 Lane : 3 Athlete: VAN DEN ABBEELE TOON					Q-time: 02:21:10
PB (50m pool): 02:21.10 Antwerpen 13/07/2025 PB (25m pool): 02:14.57 SB: 02:21.74 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.52	01:07.55	01:45.26	02:21.10	
	00:31.52	00:36.03	00:37.71	00:35.84	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:17, starttime: 15:17
Heat: 17/28 Lane : 3 Athlete: HOFMAN OTIS					Q-time: 02:19:83
PB (50m pool): 02:19.83 Gent 08/02/2026 PB (25m pool): 02:27.75 SB: 02:19.83 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.58	01:08.15	01:44.60	02:19.83	
	00:31.58	00:36.57	00:36.45	00:35.23	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:53
Heat: 1/18 Lane : 4 Athlete: VAN GEERT MARTHE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 16:24
Heat: 7/18 Lane : 2 Athlete: HOFMAN LILY					Q-time: 03:53:06
PB (50m pool): 03:53.06 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.98	01:53.00	02:54.41	03:53.06	
	00:52.98	01:00.02	01:01.41	00:58.65	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 16:28
Heat: 8/18 Lane : 1 Athlete: JANSSENS ANNELOE					Q-time: 03:47:35
PB (50m pool): 03:47.35 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:44.56 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.26	01:50.48	02:50.10	03:47.35	
	00:52.26	00:58.22	00:59.62	00:57.25	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 16:33
Heat: 9/18 Lane : 4 Athlete: CEULEMANS AMINA					Q-time: 03:36:89
PB (50m pool): 03:36.89 Sportoase De Watermolen 29/03/2026 PB (25m pool): 03:33.61 SB: 03:36.89 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.21	01:45.24	02:41.25	03:36.89	
	00:49.21	00:56.03	00:56.01	00:55.64	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 16:41
Heat: 11/18 Lane : 6 Athlete: HOFMAN ROSE					Q-time: 03:29:58
PB (50m pool): 03:29.58 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.27	01:41.42	02:35.94	03:29.58	
	00:48.27	00:53.15	00:54.52	00:53.64	
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:12, starttime: 16:45
Heat: 12/18 Lane : 8 Athlete: SMET ALINE					Q-time: 03:26:33
PB (50m pool): 03:26.33 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.27	01:39.68	02:33.74	03:26.33	
	00:47.27	00:52.41	00:54.06	00:52.59	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:13, starttime: 16:49
Heat: 13/18 Lane : 6 Athlete: VANDEN BERGHE YANA					Q-time: 03:19:41
PB (50m pool): 03:19.41 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.70	01:37.02	02:29.93	03:19.41	
	00:45.70	00:51.32	00:52.91	00:49.48	
					

Coach feedback: